

# Singles & Doubles Square and Round Dance Club

FREE Intro CLASS



## Learn To Square Dance

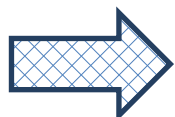
**\*\* Live Lively \*\***

Try **Square Dancing**  
For the **Health** of It!!

FREE Intro CLASS



- As much **Physical Exercise** as walking, with **BIG TIME FUN** thrown in
- Dancing with no fancy footwork, just walk with the music
- AMA says one of the few **physical exercises** that **increases mental acuity**
- All are welcome: older children & teens, adults, couples and singles
- No experience necessary, Wear casual clothes
- Fulfills PE class requirement for homeschooling



**COME CHECK IT OUT**  
**FIRST LESSON FREE!**

**Tuesday September 12, 2023 at 7:00pm**

**When:** Classes continue on Tuesdays at 7:00pm for 12 weeks (\$5/class)

*\*Less expensive than a health club and A LOT more fun!*

**Where:** Webster Groves Christian Church, 1320 West Lockwood Ave. 63122

*\*Southwest corner of Berry & Lockwood. Parking lot and entry to hall are in the rear of the church*

More info:

Mary Vanicelli

Sue Mertens

Website

Facebook

314-401-6355 or e-mail: [mvan1526@gmail.com](mailto:mvan1526@gmail.com)

314-603-1042 or e-mail: [msuem@att.net](mailto:msuem@att.net)

<http://www.SinglesandDoubles.org>

<https://www.facebook.com/SinglesAndDoublesSquares>

### Square Dance Lessons

Tues Sep 12, 7:00PM

Webster Groves Christian  
Church (Berry & Lockwood)  
1320 W Lockwood 63122

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